

EXETER HEALTH AND WELLBEING BOARD

Tuesday 12 April 2016

Present:-

| | |
|--------------------------|--------------------------------------|
| Gillian Champion (Chair) | - Clinical Commissioning Group |
| Councillor Owen | - Exeter City Council |
| Councillor Westlake | - Devon County Council |
| Sarah Gibbs | - Public Health Devon County Council |
| Kirsty Hill | - Public Health Devon County Council |
| Matt Evans | - Active Devon |
| James Bogue | - Active Devon |
| Julian Tagg | - Exeter City Football Club |
| Robert Norley | - Exeter City Council |
| Dawn Rivers | - Exeter City Council |
| Howard Bassett | - Exeter City Council |

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APOLOGIES

These were received from Councillor Leadbetter, Simon Bowkett, Tim Golby, Dr Virginia Pearson, Patsy Temple and Joanna Yelland.

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MINUTES OF THE MEETING HELD ON 2 FEBRUARY 2016

The minutes of the meeting held on 2 February 2016 were taken as read and signed by the Chair as correct.

75

GOVERNMENT SPORTS STRATEGY CONSULTATION (MIN. NO. 61 REFERS)

James Bogue reported that the Department of Transport had commenced consultation on a walking and cycling strategy with consultation events to be held in April and comments to be submitted by the end of May.

RESOLVED that Robert Norley, in consultation with Matt Evans and County Council officers, respond to the consultation on behalf of the Board.

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PHYSICAL ACTIVITY - GET ACTIVE EXETER - PROGRESS REPORT

James Bogue updated the Board on progress with the Get Active Exeter Project with leisure centres, community groups, existing sports clubs, primary and secondary schools committed. Employers involved included the City Council, the University, Michelmores, Ashfords, Alcoa, Environment Agency, Big Wave Media, The Exeter (formerly Exeter Family Friendly) and Thompson Reuters. A presentation would be made to the Marsh Barton Forum to encourage participation from the many smaller businesses operating on the estate.

The Express and Echo, as the Get Exeter Active's media partner, had professionalised the winning logo design and would be running a high profile campaign across its various channels. Lucy Munday, the allocated reporter, would write regular articles in the Thursday edition of the paper.

The first distinct project - City Fit Club – was proving very successful based at the Grecian Club, Exeter City Football Club aimed at the 30-50 age group and involving a 30 minute interactive workshop to discuss lifestyle and 60 minutes physical exercise activity. Of the 28 signed up at the first session, many being City fans, all but one were continuing to attend the Monday sessions and positive feedback was

provided by those Board members who were participants. The physical sessions were led by accredited coaches based at the Football Club. A key educational element was diet which dovetailed with the Healthy City Board priority. The intention was to replicate similar sessions across the City as part of the programme of projects. Exeter Chiefs and the Exeter Community Forum were suggested as good contacts to help this process. Other projects included Big Wave Media which had set up a running group and events for mums and dads of primary school pupils at the schools were being developed. Participation in the joint Exeter Community Forum/ICE/Exeter Futures event at the Corn Exchange on 30 June was suggested

Gillian Champion referred to the extensive facilities available at both the University and Exeter College and it was agreed that extending usage to the general public could be raised at a strategic level including through the new Exeter Sports Strategy Board. Social prescribing of Active initiatives, through GP surgeries was also supported, this would be explored through the ICE project and through the CCG.

RESOLVED that the report be noted.

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HEALTHY DIET - DEVELOPMENT OF WORK STREAM

Dawn Rivers reported that representatives of the Exeter Food Network had been invited to attend the Improving the Diet of Exeter Citizens Task and Finish Group on 29 February.

Some of the issues under consideration were:-

- the introduction of a Sugar Levy on Sugary Drinks within Council and Public Services - the Government had now adopted a timetable for a sugar levy on soft drinks, although this would take two years to implement;
- explore with Planning the effectiveness of mechanisms for reducing fast food outlets in sensitive areas such as close to schools. The merits of such would need to take account of research on pupil purchasing behaviour;
- influencing local supermarkets to better promote healthy food options; and
- further develop breakfast clubs to help address food poverty through the Exeter Food Action/Magic Breakfast/Food for Life through meetings with primary schools in city with highest number of young people on free school meals to assess potential for this project.

RESOLVED that the work of this group be integrated with that of the Exeter Food Network to avoid duplication a report on progress to be submitted to the next meeting of this Board.

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MAKING COLD HOMES WARM - COSY DEVON INITIATIVE

Robert Norley reported on the Cosy Devon Central Heating Fund utilising Government funds to provide gas connections and first time gas central heating to 400 homes across Devon. This was coupled with the existing Cosy Devon offer of cavity wall insulation, loft insulation and boiler replacement. This was an important initiative as cold homes were a leading cause of death and ill health within the population.

A key element was a central toolkit to support health sector practitioners to identify fuel poverty and seek assistance. Briefing and awareness sessions were being held for health professionals and community groups. It was proposed that the project could link into the work of ICE and direct contact could be made with GP surgeries to raise awareness and facilitate referrals to the scheme

To increase awareness, Gillian Champion suggested publicity through CCG and the Local Medicine Committee publications. She also referred to a pilot scheme in Sheffield that saw a decrease in Chronic Obstructive Pulmonary Disease using admissions in Sheffield following a programme using social prescription to identify vulnerable patients in cold homes and intervening by improving the insulation and heating systems within these homes.

Presentation attached.

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CLEAR STREETS CHARTER

Robert Norley reported that, following an earlier report, the Board had resolved to support the development of a "clear streets policy or charter" in partnership with blind and partially sighted people, and stakeholders. He tabled a model street charter, the first of its kind, produced by Hull City Council which he proposed should be used as a benchmark for the development of a Charter for Exeter for adoption by the Board. He highlighted the main elements of the Charter with reference to conditions in Exeter. He emphasised that as Hull was an unitary authority, for Exeter, it would be important to have the support of Devon County Council.

In bringing forward a charter, it was the intention to work with the County Council, Police, RNIB, other voluntary bodies, Tracey Wilson of the Eye Clinic and local businesses.

Hull City Council Charter attached.

RESOLVED that the production of a Charter be progressed and that the matter be referred to the Exeter Board, an item on this initiative to be included on the Board agenda for the meeting to which representatives of the BID were to be invited in July.

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EXETER HEALTH PROFILES AIR QUALITY

Robert Norley reported that, following on from recent City Council work on local air quality management, Dr Nick Young of the Health Protection Agency had offered his support in collaborative work around air quality and the impact of health in Exeter.

RESOLVED that a report on the outcomes of the research be submitted to a future Board meeting.

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DATES OF FUTURE MEETINGS

RESOLVED that the following dates for future meetings be noted:-

| | |
|---------------------------|---------------------------|
| Tuesday 5 July 2016 | Tuesday 13 September 2016 |
| Tuesday 15 November 2016 | Tuesday 31 January 2017 |
| Tuesday 11 April 2017 | Tuesday 11 July 2017 |
| Tuesday 12 September 2017 | |

(The meeting commenced at 2.00 pm and closed at 3.50 pm)

Chair

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CosyDevon Central Heating Fund

24th February 2016

Excess Winter Deaths

Cold homes are now a bigger killer than



- Road accidents
- Alcohol abuse
- Drug abuse

http://www.ons.gov.uk/ons/dcp171778_425192.pdf

The overall project

- Central Heating Fund – government money to provide gas connections and first time gas central heating to 400 homes across Devon (not Plymouth local authority area)



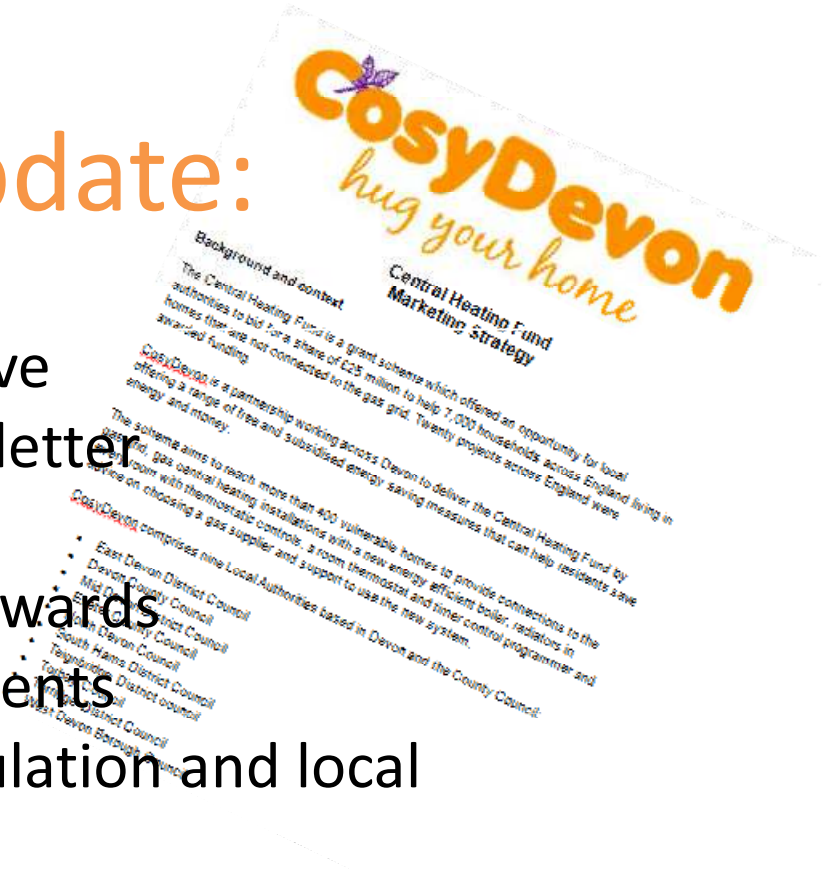
Action for Warm Homes



- LA supported E.ON CosyDevon – cavity wall insulation, loft insulation and boiler replacement to households in receipt of particular benefits across Devon
- Solid wall insulation in Torrington, North Devon and Teignbridge

Progress update:

- Soft launch – December - website live
- 1st ,2nd and 3rd circulation of e-newsletter to community referral partners
- targeted mail out end of January onwards until March with community events
- NEA Focus and NEA newsletter circulation and local publications
- A5 leaflet and A4 Pocket Folder
- Delivery and evaluation processes established
- 100 leads so far
- 3 eligibility confirmed
- Follow up advice for households being designed



Public Health focus

- Prepare a central tool kit to support health sector practitioners to identify fuel poverty and seek assistance
- Design briefing and awareness sessions for Health Professionals and community groups
- Increase referrals and signposting to the Central Heating Fund and fuel poverty assistance long term
- Provide support with materials and resources

Current activity

- Working with Devon County Council Community Directory digital team

<http://www.directory.devon.gov.uk/kb5/devon/directory/home.page>

- Establish link between household enquiries and fuel poverty help
- Provide input into the DCC Care and Support self help online tool

<https://new.devon.gov.uk/adultsocialcareandhealth/self-help/find-help-and-support-solutions-for-you/>

Current Activity continued

- **Arranging briefing sessions**
- **Arranging Energy Awareness training**
- The Fuel Poverty and Health Course is aimed at those wanting to learn more about fuel poverty, its causes and links with physical and mental wellbeing.

- Fuel poverty and its causes
- Fuel poverty and health
- Fuel poverty indicators
- Heat loss within the home
- Condensation dampness
- Energy Company Obligation
- Grants and assistance

| | | |
|--|---------------------|--------------|
| Tuesday 22nd March | 9.30am – 12.30pm | Tiverton tbc |
| Tuesday 22nd March | 1.30pm – 4.30pm | Tiverton tbc |
| Wednesday 23rd March | 9.30am – 12.30pm | Tiverton tbc |
| Wednesday 23rd March | 1.30pm – 4.30pm | Tiverton tbc |

Actions

Complete Community Directory updates

Complete self help tool

Develop marketing materials

Training to health professionals - promote

Briefings to health professionals

Training and briefings to Community groups

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‘Who put that there?’ A Street Charter for Hull 2016 - 2019



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Foreword - by Cllr Mancey

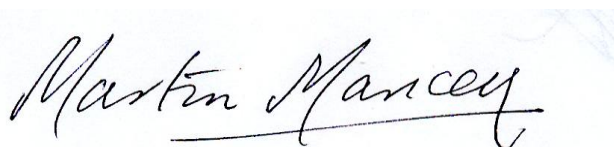
Disabled people can often face challenges getting around their local area. Our streets should be more accessible yet they remain a daily obstacle course. Getting to work, the GP surgery, shops, or accessing local services can be like running the gauntlet, with increased fear and anxiety and a real risk of injury. Some people have told us that they were so intimidated by the risks outside they ended up staying at home and becoming isolated. This has long term effects on their health and will ultimately add pressures onto other services

Hull City Council is dedicated to ensuring that our city provides the most inclusive built environment to enable disabled people to fully participate in the economic and political future of the city, work, and enjoyment of their leisure.

Hull City Council's City Plan has a commitment to enabling disabled people to do the best that they can, and participate when they choose to, in the same way as their contemporaries without a disability. It remains positive about engaging with its disabled residents and values their input on how we plan, develop and manage our built environment.



Councillor Martin Mancey

A handwritten signature in black ink that reads "Martin Mancey". The signature is written in a cursive style with a long horizontal line underneath.

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1 Street Charter

A charter is a simple document that shows a commitment, or list of commitments, which everyone involved agrees to abide by. By signing the charter, Hull City Council makes a pledge to implement the charter's action points.

The street charter states the issues faced by disabled people, along with the actions that the council and disabled people agree will improve that issue.

Our 'street charter' has been developed in partnership with a number of stakeholders. These are listed below:

- Royal National Institute of Blind
- Hull Access and Improvement Group
- Hull and East Riding Visually Impaired Forum
- Local Authority Departments
- Individual disabled people

This report explores the main challenges that disabled people face when out and about:

1. Inaccessible crossings
2. Shared space
3. Parking on pavements
4. Advertising boards
5. Street/café furniture
6. Temporary street works
7. Wheelie bins/recycling bags
8. Overgrown shrubbery and branches
9. Dog fouling

2. Inaccessible Crossings

Crossing the road or getting up from the highway onto a pavement safely, are basic needs of everyone. For disabled people it is essential to day to day living, both in their local community and so that they can participate fully in the activities of the city.

The provision, absence, or the standard of crossing points greatly affect disabled people. They can affect their ability to get to where they want to go, reduce their independence and increase their reliance on others.

People with different impairments often have different basic needs in their crossing points and as a group disabled people have told us:

- They sometimes have to walk long distances to get to a suitable, accessible, crossing point.
- That crossing beacons have absent or faulty audio or tactile indicators.
- That crossing points can be missing tactile paving.
- That the absence of one dropped kerb, or one sub-standard dropped kerb, on a route can make an entire route inaccessible.
- That people park across dropped kerbs or use them to run their vehicles onto pavements.

Our pledge to disabled people

Hull City Council will:

- Work with disabled people to review and audit crossings.
- Work with disabled people to review the accessibility of pedestrian routes in the city centre.
- Enforce national guidance and equalities legislation when it comes to the use of audible beeps, rotating cones, tactile paving and dropped kerbs.

- Regularly monitor and maintain the accessibility of crossings and look at increasing the crossing times, especially in busy areas.
- Ensure that there is an accessible and clear reporting and response process for potential new crossing points and dropped kerbs.

3. Shared Space

We all want to make our streets safer for pedestrians, but many people do not realise what a devastating impact removing crossings, kerbs and tactile paving has on many disabled people. Sharing a space with vehicles when you cannot see them, see the intentions of the driver, understand fully the intentions of the driver, or move quickly enough away from them is very disconcerting.

People with sensory impairments rely on crossings and kerbs to negotiate a space safely and many others with impairments rely on knowing that they have a safe area, usually a pavement, in which to go about their business.

Many people have told us that they would avoid a shared space development if one were to be introduced in Hull.

Our pledge to disabled people

Hull City Council will:

- Involve and consult with disabled people when new shared space schemes are put forward and make any necessary changes to the schemes where safety concerns are raised.

4. Parking on pavements

Drivers that use the pavement for parking often think they are doing the right thing by keeping the road clear. Unfortunately they fail to realise the consequences of their vehicle now blocking the footpath. This potentially affects everyone from parents walking with or pushing small children in buggies, to disabled people.

Disabled people who cannot see the obstruction will collide with the vehicle or have to go out on the road to avoid it. Some will need to travel back along the way they have just travelled to get to a dropped kerb and then travel a distance along the highway, potentially in traffic, to reach the next one.

Our pledge to disabled people

Hull City Council will:

- Establish accessible ways to monitor and report instances of parking on pavements.
- Work with the police to use their existing powers under the Highways Act and other legislation to keep the pavement clear of obstructions caused by parked cars.
- Work with the police to engage with disabled people and the wider community to improve awareness of the dangers of parking on pavements.

5. Advertising boards

Advertising boards or 'A' boards are in general use across the country. They physically obstruct the pavement, block routes, present trip and collision hazards.

The temporary and mobile nature of these boards generally makes the street look untidy and makes pedestrian areas difficult to use and, where they rotate, potentially dangerous. People with sight loss cannot learn where they are, so struggle to avoid walking into them.

'A' boards often restrict the space available to people with mobility needs to negotiate an area, and create places that disabled people avoid.

Our pledge to disabled people

Hull City council will:

- Continue to enforce our zero tolerance of advertising boards on the highway.
- Have clear policies available to the public.
- Work with blind and partially sighted people to monitor and mitigate the impact of any temporary obstruction on the highway.
- Work with local business owners educationally so that they understand the difficulties all disabled people have with A boards.
- Advise businesses on alternative forms of advertising.

6. Street/Cafe Furniture

Many items of street furniture, including tables and chairs, hanging baskets, bollards and lamp posts, appear on highways for desirable, practical and aesthetic reasons. However, problems are caused when they are poorly placed, poorly managed, overused, or when the obstacle itself is hard to see or restricts the space necessary to negotiate an area.

Our pledge to disabled people

Hull city council will:

- Continue to license all cafes on the highway. Their suitability will be assessed on the grounds that they do not constitute a hazard to disabled people and that they are adequately guarded.
- Continue to ensure that the terms of licence are being met, including that the café is using the agreed location and barriers.
- Take enforcement action against those that do not follow the agreed terms of the licence, which could include removal of the agreement.
- Remove pavement cafes which do not have a licence.
- Set up accessible ways for disabled people to report collisions and injuries in respect of highways and café furniture.
- In accordance with section 175 A and the Public Sector Equality Duty, when town centres and neighbourhoods are redeveloped, proactively and meaningfully engage with disabled people with regard to inclusive design and street furniture.

7. Temporary highway works

Temporary highway works are necessary for many reasons, including highway and pavement maintenance and resurfacing, building maintenance using scaffold, major project work etc.

It is, however, important that routes and facilities remain accessible and safe. It is important when these take place that disabled people are not unfairly treated and that they still retain access to places and can use facilities that those without a disability have access to. For example we know that, to someone with a learning impairment, temporarily re-locating a bus stop can be devastating.

Our pledge to disabled people

Hull city council will:

- Ensure that pavements which remain open to the public also remain accessible.
- Ensure that suitable alternative pedestrian routes are properly signed, accessible and as short as possible.
- That, unless it is unavoidably necessary, blue badge only parking bays are not taken away.
- That, if blue badge only parking bays are temporarily lost, nearby alternatives are provided.
- Contact points will be set up so that disabled people are informed of long term temporary works and how it may affect them, for example temporary changes to bus dropping off and picking up points.

8. Wheelie Bins and Recycling Bags

Wheelie bins and recycling bags are now a common sight on most pavements. Almost all local authorities request that these are left on the highway to be collected. With scheduled collections for different types of recycling and waste on various days across the local area, the pavements are obstructed several days a week. Many disabled people collide with wheelie bins, or cannot get down their own street on a pavement and some people even told us they avoid going out on bin days because space is so restricted.

Our pledge to disabled people

Hull City Council agrees to:

- Make sure that all bin crews are trained in why it is so important to store bins as safely as possible.
- Promote awareness and encourage residents to be considerate in how they place their bins

9. Overgrown branches and shrubs

Many disabled people have described the problems caused by overhanging branches and shrubbery when walking around their local area, particularly in the summer months. If people walk into them because they are undetectable it can result in head injuries.

Our pledge to disabled people

Hull City Council will:

- Set up accessible ways for disabled people to report overgrown shrubbery and branches
- The Highway Act will be used to take appropriate action on overgrown shrubbery and branches.
- Promote awareness and encourage residents to be considerate in managing their shrubbery and trees

10. Dog Fouling

Dog fouling is an increasing issue for disabled people negotiating their local area. Disabled people can walk through it without knowing, which causes embarrassment and impacts on confidence; wheelchair users may transport this into their own homes or public buildings.

Our pledge to disabled people

Hull city council will:

- Develop accessible ways to monitor and report instances of dog fouling.
- Devise an awareness raising campaign in problem areas.